

MEDTECH JOURNAL



GYNECOLOGIC CANCER AWARENESS MONTH



BACK TO SCHOOL ?? HOW AND WHAT !!



SEPSIS : KNOW AND CARE



USE *HEART* TO CONNECT !

Sometime we cant **WAIT!!**
Well we shouldnt actually.
The same is the case with urgent **HEALTH.**
It doesnt wait for the COVID-19 pandemic to end.

MEDTECH , decided not to wait rather let you know and share some awareness insights into your health and emerging healthcare technologies.

It is always good to know what happens in the field of healthcare that can aid you in actually keeping your Health intact. Hence , this month , We are here with some health tips on **Gynecology** and **Cardiology** segment.

Pain, cancer, and heart problems **CANNOT WAIT.**
They say , When in doubt, reach out to your doctor.

A HELLO WITH CARE !!

With the current stroke of covid 19 , with its new variant known as the Delta variant, the World calls for the need to be vigilant and to be more responsible.

Our Country, has worked so hard to make the vaccines available to the public. But then the question is whether you have taken the chance to experience the privilege. If not , know that there lies your responsibility to make your environment safe from the chance to be prone to the pandemic.

We have vaccines to give us immunity , antigen kits from renown healthcare suppliers , to keep the spread on check. Masks to control the spread. Tests to detect and avail treatment.

You can help control the spread by taking necessary actions that will help in limiting the pandemic and making the world the same as it was before, Better and Healthier.

You have a part to play in this Pandemic. Make sure that you play it well.

Dr. M P Hassan Kunhi PH.D
Chairman & CEO



GYNECOLOGY : KNOW AND ACT !!

Women , It is Important to pay attention to your body amidst your routine. Thus making the normal definite and the abnormal more definite.

In 1999, The Foundation for Women’s Cancer (FWC) understood the importance of bringing awareness to all gynecologic cancers—cervical, ovarian, uterine/endometrial, vaginal and vulvar cancer—and declared September as Gynecologic Cancer Awareness Month (GCAM) with a goal of reaching more and more people each year.

DIFFERENT TYPES OF GYNEC CANCERS:

There are 5 types of Gynecology Cancers :

Cervical cancer

Ovarian cancer

Vaginal cancer

Vulvar cancer

Womb (also called uterine cancer and endometrial) cancer

HOW CAN YOU LOWER YOUR RISKS.

The Risks can be lowered by either doing the HPV vaccine or the Cervical Cancer Screening tests.

Above all Consult your Doubts with Your Doctor!!

* Know the Solutions with MEDTECH CORPORATION.

SEPSIS: KNOW & CARE

Sepsis dates back over 2,700 years ago when it was first mentioned (medically) in the ancient Greek poems of Homer.

Sepsis is a critical condition that occurs when the body's response to an infection damages its own tissues. During sepsis, your immune system, which defends you from germs, releases a lot of chemicals into your blood. This triggers widespread inflammation that can lead to organ damage.

Symptoms of Sepsis Include :

*A fever above 101°F (38°C) or a temperature below 96.8°F (36°C)

*heart rate higher than 90 beats per minute

*breathing rate higher than 20 breaths per minute
probable or confirmed infection.

MedTech joins hands with BD in fighting SEPSIS.

BACK TO SCHOOL : HOW & WHAT

It's the Time of the Year. After a Long Break Our Kids are heading back to Schools. With Covid-19 cases are surging and children under age 12 currently cannot be vaccinated against the virus.

A strong immune system supported by lifestyle habits such as eating nutritious foods, exercising and sleeping could help reduce Covid-19 risk, says US Centers for Disease Control and Prevention.

The Below steps can help in aiding in Protection:

- Encourage and Emphasize on Personal Hygiene.
- Make Sure that You Follow Immunization Schedules.
- Feed them the Rainbow of Balanced Nutrition.
- Gut Health is important. Hence Promote it.
- Maintain Healthy Sleep Routine.
- Help Them to Destress. Talk To Them.
- Get Them Outside For Exercise and Fresh Air.



USE TO CONNECT :



IT'S SEPTEMBER,

This is when We get Reminded To Look In to Our Hearts.

This World Heart Day celebrating month , Medtech is proud to have been able to successfully be part of the First of its Kind Heart Intervention Procedure in Qatar with *MyVal Transcatheter Heart Valve*. The Procedure was conducted by Dr. Ziyad M Hijazi, The Director Of Heart Center , Sidra Medicine.

This World Heart Day, We would like to remind you to Connect to Your Heart and Care for your Heart. There is over 18.6 M CVD deaths every year. On an average 31 % of the overall deaths are due to CVD, (Cardio Vascular Diseases.). From hereditary conditions to lifestyle habits to societal and environmental contexts, our hearts face many threats.

But then We have an Amazing Community of doctors, nurses, carers, researchers, campaigners , healthcare Facilities, and advocates for Heart Health.

We, MedTech is , Happy to be part of that Community.

At the heart
of life.
At the heart
of precision.



SEPTEMBER IN A GLANCE

At least 5 people die every minute
because of unsafe care



Speak up
for patient safety!



World Heart Day

USE ♥ TO BEAT ♥



Gynecologic
Cancer
Awareness Month



SEPSIS™

IT'S ABOUT TIME

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